



## MINUTES OF THE WASHOE COUNTY HUMAN SERVICES AGENCY SENIOR ADVISORY BOARD MEETING

April 29, 2019

Washoe County Senior Center, 1155 E. 9<sup>th</sup> Street, Reno, Nevada 89512  
Game Room

1. **\*Call To Order** - Meeting was called to order at 3:00 p.m. by Chair-Dr. Larry Weiss.
2. **\*Roll Call** – Dr. Larry Weiss asked for the roll call; Sandra Vasquez took the roll. There was a quorum present.

### WASHOE COUNTY SENIOR SERVICES ADVISORY BOARD MEMBERS:

#### PRESENT

Dr. Larry Weiss  
Marsy Kupfersmith(phone)  
Donna Clontz (phone)

Sarah Deardorff  
Rick Sorensen  
James Doyle

#### ABSENT (EXCUSED\*)

Jennifer McMenomy\*  
Stan Dowdy\*  
Barbara Korosa\*  
Garth Elliott\*

### WASHOE COUNTY STAFF PRESENT

Abby Badolato  
Sandra Vasquez

Herbert Kaplan (DA)  
Steve McBride

### ADVISOR PRESENT

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### ADVISOR (ABSENT)

Victoria Edmondson  
Connie McMullen

3. **\*Public Comment** –  
No public comment.
4. **\*Member Announcements** –  
Marsy stated there are two events going on this week for Older American Month. Thursday will be the Fire Protection Presentation and on May 3<sup>rd</sup> at the Senior Coalition meeting, Connie will give a legislature update.
5. **Approval of the Agenda for the Advisory Board Meeting on April 29, 2019 (For Possible Action)**  
Motion to approve the agenda was made by Rick Sorensen and seconded by Sarah Deardorff.  
Motion passed unanimously.
6. **Approval of the Minutes for the Advisory Board Meeting on March 6, 2019 (For Possible Action)**

Motion to approve the minutes was made by Rick Sorensen and seconded by Sarah Deardorff. Motion passed unanimously.

**7. \*Update on Senior Nutrition Program – Steve McBride**

Steve stated he has the nutrition report for March (see attachment). There has been a steady increase, with an upswing of 1000 meals since January. It partly has to do with the Lazy 5 location opening. He also stated the RFP window is open and proposals and evaluations are in progress. Larry requested an explanation of where the numbers are coming from.

**8. \*Update on Sparks Senior Citizen Advisory Committee – Donald Abbott**

Marsy stated the first official meeting will be May 22<sup>nd</sup> and they will be picking their officers.

**9. Discussion and possible recommendations regarding North Valleys volunteering opportunities for the projects of the following: Senior Center, Reno Air Races Stead Parade, and Dog Park (For Possible Action)**

Larry stated Commissioner Kitty Jung is very interested in working with seniors on this item.

**10. Discussion, update, and possible recommendations for Older American Month 2019 (For Possible Action)**

Larry stated the program is out and it is great. The opening event is Wednesday at 9am and there will be information tables. The ceremonies will be at 10am. Abby stated there is a correction page for the booklet and asked for everyone to take them as necessary. Marsy stated that on May 29 Senior Outreach Services is doing a 50's Sock Hop even. Sina Ward asked for support from the board to provide ice cream. Time will be from 2-3:30 and it will be at the 9<sup>th</sup> Street location. Larry asked if there is a budget for ice cream, he also stated the board should do the event. If need be, Larry stated he would pay. Sarah stated she created a sign in sheet and asked the board members to take some sheets with them and return them after each event. They want to keep count of how many people attend each event.

**11. Discussion, update, and possible recommendations on Stuff-A-Bus for Seniors 2019 (For Possible Action)**

Donna stated the Stuff-A-Bus event will be at Sam's Club on May 23<sup>rd</sup> and 24<sup>th</sup> and they need board members to be there. Rick stated to count him in both days. The event will be 4 hours each day. Abby stated volunteers are welcome to assist with counting items and sorting. Sarah stated she would help on May 23.

**12. Report, discussion, and possible recommendations regarding recruiting new board members for District 3 and District 4 (For Possible Action)**

**a) Linda Hardie (District 3)**

**b) Danada Rausch (District 4)**

Larry stated to invite Linda Hardie and Danada Rausch to the next meeting. Larry requested to let Robert know that there are no openings for his district; Abby stated she let him know. Marsy asked if he could be an alternate and Rick could be a district board member. Larry stated they can put Rick and Robert on the next agenda to discuss further.

**13. Update, report, discussion, and possible recommendations regarding age friendly communities sponsored by AARP throughout the county and cities (For Possible Action)**

Larry stated there is a proposal project and the focus is on Silverada and they are targeting people that do not open their doors; there are many people out there that do not socialize. They would offer free transportation for meetings to discuss transportation. If they get the funds from the AARP grant, then they will keep working on it. Donna stated they will find out the results in June.

**14. Discussion and possible recommendation to co-host a community seminar regarding current senior mental health issues and services, including topics relating to suicide prevention, elder abuse, law enforcement programs and policies in dealing with crimes against elders, training seniors and staff in techniques to prevent, de-escalate and defuse negative social interactions with others. (For Possible Action)**

Rick stated he would be more comfortable to brainstorm on this item with all the board members present. Rick stated he has experience with de-escalating. Marsy asked if the board wants someone to coordinate with Michelle Bays to discuss this item. Marsy will email and ask if she is willing to talk on this item.

Motion to invite Michelle Bays to be a coordinator and have a discussion on this item was made by Rick Sorensen and seconded by Donna Clontz. Motion passed unanimously.

Sarah stated she will not be at the next meeting, but she is very interested and want to be involved.

**15. Report, discussion, possible recommendations and updates on the Advisory Board member's Shared Issues and Goals for Housing, Advocacy, Communication & Information, Data Planning, Transportation, Nutrition Programs, Social & Recreation, Senior Law, Volunteering, Financing, and Social & Health Services (For Possible Action)**

Sarah stated she has questions about food distribution at V.O.A. and Gospel Mission, in which over 400-500 people eat. Steve stated he heard they are looking at security and also having alternate locations. Sarah stated feeding 500 people is a big task and issues should be acknowledged.

**16. Report, discussion, and possible recommendations on senior board members to attend ongoing Washoe County public meetings (For Possible Action)**

Larry stated there is a list. Sarah gave an updated list with times and locations to Sandra (see attachment).

**17. Agenda items for the next Board meeting (For Possible Action)**

Mental health issues  
Applicants  
Advisory board finances for senior resolutions  
Review of Older American Month  
Review of Stuff-A-Bus

**18. \*Public comment –**

No public comment.

**19. Adjournment (For Possible Action)**

Motion to adjourn was made by Rick Sorensen and seconded by James Doyle. Motion was unanimous. Meeting adjourned at 3:43 pm.